

# **Murphey Candler Baseball COVID-19 Plan**

Murphey Candler Baseball ("MCB") has established the following plan for COVID-19 prevention and response. This plan was updated on August 25<sup>th</sup>, 2021.

# Prior to arriving at the park:

All individuals should measure their body temperature prior to leaving home to ensure that no fever is present prior to participating or attending any events. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19, should not attend.

Any individual, including players, at risk for severe illness or with a serious underlying medical or respiratory condition should only attend activities with permission from a medical professional.

Those at higher risk for severe disease should consider consultation with their medical provider before attending a game and should ensure the strictest adherence to guidelines regarding face coverings, distancing, and handwashing.

## At the park:

We encourage masking at all times while at the park for those spectators, coaches, parents, umpires, and volunteers that have not been vaccinated. Players are not required to wear masks on the field during game play but will be permitted to do so if instructed by a medical professional and/or a parent/guardian.

### **Physical Distancing**

Social distancing of 6 feet will be encouraged of spectators at the park (from others who do not reside in same household).

# **Frequently Asked Questions:**

### What if a player or coach tests positive for COVID-19?

Families should immediately notify their coach and/or the MCB COVID-19 administrator should someone in their household become sick with COVID-19 symptoms, test positive for COVID-19, or become exposed to someone suspected or confirmed to have COVID-19.

MCB will take necessary steps to notify families immediately of anyone with COVID-19 while maintaining that person's confidentiality in accordance with the Americans with Disabilities Act (ADA).

If any coaches, volunteers, umpires, or players become sick, they should not return until they have met the criteria to discontinue self-isolation/quarantine as outlined below.

# If a player or coach on a team tests positive for COVID-19, does the entire team (if that player or coach has been in close contact with the team) have to quarantine?

Team quarantining will be determined on a case-by-case basis.

### What if a parent, sibling, or other household member tests positive for COVID-19?

CDC currently recommends a quarantine period of 14 days if the exposed person has not been vaccinated. However, based on local circumstances and resources, the following options to shorten quarantine are acceptable alternatives.

- After day 10 without testing if no symptoms have been reported during daily monitoring
- After day 7 after receiving a negative test result (test must occur on day 5 or later)

After stopping quarantine, you should

- Watch for symptoms until 14 days after exposure.
- If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.
- Wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19.

If you develop symptoms after testing positive, follow the guidance below - "for symptomatic persons with a positive COVID-19 test".

Fully vaccinated individuals need to follow guidelines for quarantine <u>as suggested by the Georgia</u> <u>Department of Public Health</u>.

### When can I return to team activities after known or possible exposure to COVID-19?

As outlined by the CDC and Georgia DPH, when individuals may return to the park after exposure is based on different factors and scenarios:

**Symptomatic** persons who are not healthcare personnel with confirmed or suspected COVID-19 can return to the park after:

- At least 10 days have passed since symptoms first appeared and
- At least 24 hours have passed since last fever without the use of fever-reducing medications and
- Symptoms (e.g., couch, shortness of breath) have improved

**Asymptomatic** persons who are not health care personnel with confirmed COVID-19 can return to work after:

- At least 10 days have passed since the positive laboratory test and the person remains asymptomatic
- Note, if you later develop symptoms, you should follow the guidance for symptomatic persons above.

**Asymptomatic** persons who have a known exposure to a person with COVID-19 can return to the park after:

• They have completed all requirements in the Georgia DPH guidance for persons exposed to COVID-19 found at <a href="https://dph.georgia.gov/contact">https://dph.georgia.gov/contact</a>

COV	<b>ID-19</b>		for p	ANTINE beople wit <b>ptoms</b>	h
Full 14-days SAFEST	<b>⊢−−−−</b> Q	uaranti)	ne at Home	<u>.</u>	
After 10-days, no test	⊢——Quaranti	ine at H	ome——	Released from quaranti monitor for symptom wear a mask, social distance	ne, s,
After 7-days, with test	⊢Quarantine at	: Home-	test result, moni	uarantine after negati tor for symptoms, wea social distance	
Date most n export	e of recent	Day 5 D Earliest day to get a test	Day 7 Day	1	Day 14

## **COVID-19 Administrator**

If you have a COVID-19 concern or question about the MCB COVID-19 Plan, please contact:

Tom Loffredio: <a href="mailto:tom.loffredio@outlook.com">tom.loffredio@outlook.com</a>

### Links:

https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf

https://dph.georgia.gov/document/document/dph-covid-19-return-work-guidance-after-covid-19-illness-or-exposure-persons-not/download

Guidance for COVID-19 Prevention in K-12 Schools | CDC